

Take the Right Route!



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Reduce your carbon footprint Run, walk, bike, or carpool to work or school

Thank you for volunteering your time as your organization's "Take the Right Route" Coordinator. This packet provides you with information to make this important Day a success for your organization and the planet.

Things to do before April 11th

Recruit your family, co-workers, fellow members, and students to join you. Add their name to the "Take the Right Route" Sign Up sheet on page 2.
 Send the Sign Up sheet by March 28th to CRM by FAXing: "ATTN: Take the Right Route" (see contacts below) and receive incentive gifts for each person who signs up.
 Share the safety hints on page 3 with your participants.
 On April 10th remind your participants to reduce their carbon footprint April 11th and whenever possible thereafter.

Things to do on April 11th "Take the Right Route" Day

Take pictures of your participants arriving to work or school.
 Distribute one incentive gift to each participant and have each participant sign the "Take the Right Route" participant sheet (Page 4).
 FAX or turn in your "Take the Right Route" participant sheet to CRM and download your pictures for media coverage.

Thanks for volunteering. If you have questions please contact **CRM**:

Saipan - Kathy Yuknavage, CRM Natural Resources Planner and MINA Board at 664-8311 or kathy.yuknavage@crm.gov.mp;

Bill Pendergrass, CRM Coastal Coordinator at

532-0466 or william.pendergrass@crm.gov.mp;

Lihla Noori, Coral Management Specialist DEQ/CRMO/DFW

at

Rota -

532-3102 or lihla.noori@gmail.com;

Tinian - Edwin Hofschneider, CRM Coastal Coordinator at

433-0494 or edwin.hofscneider@crm.gov.mp



I promise to "Take the Right Route" April 11"

Organization:	Phone:
Coordinator:	email:
Promissory Participants:	

Name	Route (carpool, bike, run, walk, etc.)	Number of passengers	Shoe size (M : 9.5-10.5 or 11-12) (F : 6-7 or 8-9)

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"Take the Right Route" SAFELY!! April 11"



Walkers and Runners

- Ensure you are physically fit enough to go the distance
- Let family and friends know the route you are taking
- It is always safer to go with a friend
- Set an easy pace
- Carry water and drink some fluid every mile
- Wear good shoes and dress in bright/light comfortable clothing
- Face oncoming traffic and be observant!



Biker

- Ensure you are physically fit enough to go the distance
- Let family and friends know the route you are taking
- It is always safer to go with a friend
- Set an easy pace
- Carry water and drink some fluid every mile
- Wear helmet, good shoes, and dress in bright/light comfortable clothing
- Ride with traffic. Stay on the shoulder of the road where possible
- Be observant and careful of drivers making turns in front of you!



<u>Carpoolers</u>

- Drivers: Set a time and place to pick up riders
- be observant and avoid endangering pedestrians or bicyclists
- · Riders: Wait well off the road on the shoulder to avoid traffic
- be considerate of the driver and avoid distracting them while driving

I did "Take the Right Route"!!! April I I "

Organization:	Phone:
Coordinator:	email:
Participanty:	

Name	Route	Number of	Received gift
	(carpool, bike,	barrenden.	(participant's initials)

Return to CRM Office with your pictures for media release 2nd floor Morgen BLDG, Beach Rd., San Jose FAX 664-8315 or email kathy.yuknavage@crm.gov.mp